



INDIAN SCHOOL AL WADI AL KABIR

DEPARTMENT OF EVS [2023 – 2024]

LESSON: HEALTH AND DISEASES
RESOURCE PERSON: SAGAYA MARY LOUIS

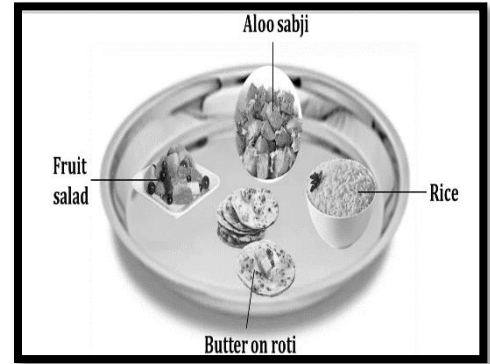
WORKSHEET 2

NAME: _____ CLASS: V SEC: _____ DATE: _____

Q 1. Picture based question.

Riya went for a birthday party, where she served lunch for herself. Which nutrient is missing from her diet? _____

Apart from eating a healthy diet, what are the conditions required for staying in good health. List any two conditions.



Ans: _____

Q 2. Name the diseases that can be prevented by the following vaccines.

- a. DPT - _____
- b. MMR - _____

Q 3. Application based question.

Raj is a businessman. Due to his busy schedule, he very often fails to have a healthy diet. He has now started with a severe medical problem in his gums. The doctor advises Raj to have lots of citrus fruits in his diet.

- a. What illness, according to you is Raj suffering from?

Ans: _____

- b. Which nutrient is Raj deficient of?

Ans: _____

- c. What are the symptoms of this illness?

Ans: _____

- d. List out names of any four citrus fruits.

Ans: _____



Q 4. Based on the comic strip provided, provide answers for the following questions. (English Integration)

a. Is the chef cooking food in a hygienic environment? Justify your answer.

Ans: _____

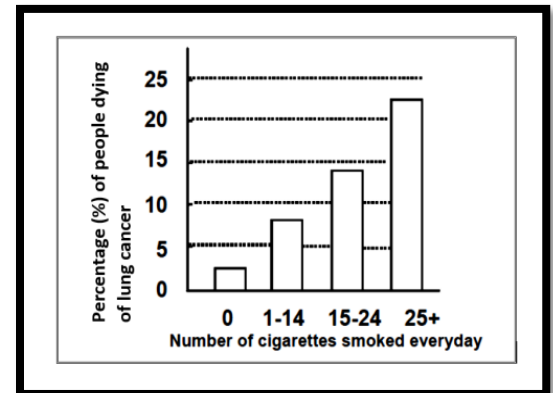
b. What measures according to you should the chef take in order to prevent infection from germs? (Any two points)

Ans: _____



Q 5. Case study: Study the bar graph and fill in the blanks. (Math Integration)

The vertical scale shows percentage of people dying due to _____. It is a _____ (communicable/non-communicable) disease. The greatest number of people dying due to lung cancer are those who smoke more than _____ cigarettes every day.



Q 6. A list of the names of diseases is given in the table below. Name the germ causing the disease and colour the picture. (Art Integration)

Sr.no	Name of the disease	Bacteria/ virus/protozoa
1	Pneumonia	
2	Tuberculosis	
3	Polio	
4	Flu	
5	Malaria	
6	Dysentery	

